

# **CLASS TWO: OVERCOMING TEMPTATIONS**

#### **ASSURANCE OF OVERCOMING TEMPTATIONS**

## [1 Corinthians 10:13]

As followers of Jesus, we must understand that temptations will come our way. We are in the world. Satan is the god of this world and he would make us yield to his schemes by tempting us in various ways. A few things about temptations:

- The devil tempted Jesus and Jesus overcame him. The fact the Jesus overcame the devil when tempted is a sign that we can also overcome the devil.
- Although God does not tempt us to sin [James 1:14-16], He allows temptations to come our way so our faith will be built.
- The temptations we face are common to man. Other people face the same kind of temptations. You are not the only one facing such temptations.
- God will not allow any temptation which you cannot face to come your way. God knows what we can handle and so He will not permit that which is beyond us to come our way.
- God will always make a way of escape for you when you are tempted. God will not leave you when you face any kind of temptation. [**Hebrews 13:5**]- He will always be with us and strengthen us to overcome any kind of temptation.

# [Galatians 5:16]

A spiritual life ensures that we walk in victory over the temptations that come our way. The temptations that come our way usually appeal to a certain desire inside of us.

# **Practical Ways of Walking in the Spirit include the Following:**

- A life of accountability
- Fellowship with other believers
- Daily quiet time
- Consistent prayer life